

- accidents 70, 181, 193, 207, 209, 212, 213, 214, 217
accident investigation form 214
ACOP. *See* Approved Codes of Practice
Active Communities Development Fund 49
Active Communities project 84
Active Schools project 84
Active Sport project 84
Activity Centre (Young Person's Safety) Act 1996 188
Acts 185
Acts of Parliament 184. *See also* Acts
alcohol 101
anxiety 103, 104
Approved Codes of Practice 185
army, the 17
aromatherapy 59
athleticism 17
- barriers 75, 79, 118, 119, 120
bleep test 107
BMI. *See* Body Mass Index
Body Mass Index 101
body types 99, 100
Bosman Ruling 80
Bradford Stadium fire 131, 181, 189, 195
bread 102
British Nutrition Foundation 102
- cancer 58
Cattell 103
CCTV. *See* closed-circuit TV
Center Parcs 195
Central Council of Physical Recreation 26
cereals 102
Charter marks 93
cheating 132
ChildLine 201
Children Act 1989 188, 200, 205
child abuse 132, 200, 201
child protection 153, 200, 201
Child Protection in Sport Unit 200–201
Christian festivals 17
church, the 17
civil law 184
class connotations 63
closed-circuit TV 180, 225, 227, 231
codes of conduct 163–164
codes of practice 185
Cold War, the 131
- common law 184
Community Projects Capital Fund 49
conclusions 50, 51
Control of Substances Hazardous to Health Regulations 1999 191, 192, 205
corporate manslaughter 181
COSHH. *See* Control of Substances Hazardous to Health Regulations 1999
Council of Europe 81, 85
CPSU. *See* Child Protection in Sport Unit
CRB. *See* Criminal Records Bureau
Criminal Records Bureau 200
critical evaluation 50–52
crowd safety 189, 230
cultural influences 61, 67
- Data Protection Act 199, 205
DCMS. *See* Department for Culture, Media and Sport
DDA. *See* Disability Discrimination Act 1995
delivery area objectives 25
Department for Culture, Media and Sport 20, 24, 40, 52, 58
Department for Educational and Skills 24
Department for Trade and Industry 199
DfES. *See* Department for Educational and Skills
diabetes 58
disabilities 64, 70–73, 76, 152, 153, 198, 205
Disability Discrimination Act 1995 198
Disability Rights Commission 198
Display Screen Equipment Regulations 205
doping 85, 132
drugs 140
DTI. *See* Department for Trade and Industry
Duty of Care 209
- EAP. *See* Emergency Action Plan
economic status 61, 62–63
Ectomorph 99, 100
Electricity at Work Regulations 205
elite sport 55, 57
Emergency Action Plan 206–207
employment 15, 33, 37, 38, 50, 59
Endomorph 99, 100
Environmental Health Officers 183
- EOC. *See* Equal Opportunities Commission
equal opportunities 147
Equal Opportunities Commission 152
equal pay 152
equitable 148–151
equity 55, 61, 147, 153
ethics 129–176
ethnic minority groups 63, 68–69
ethos 155
European Commission 85
European Directive 188
European Working Time Directive 198–199, 205
evaluation 51–52, 90, 125–126, 167, 169, 171–174, 236
questionnaires 173
evaluation cycle 171
experiential learning 89
extrinsic motivation 94
Eysenck 103
- FA, the. *See* Football Association
fats 102
FIFA 69, 163
fire 181, 189, 195–198, 206, 207, 210
fire alarm testing 206
fire extinguishers 195, 197
Fire Officers 183
Fire Precautions (Workplace) Regulations 1997 196
Fire Precautions Act 1971 196
fire risk assessment 196, 198
Fire Safety, and Safety of Places of Sports Act 189, 190
first-aid box 193, 194
first-aid room 193, 207
First Aid Regulations 193
fitness 105
flexibility 105, 106
Food Safety Act 205
Food Standards Agency 103
Football Association 26, 146
form F2508 190
Forster Act, 1870 20
FRA. *See* fire risk assessment
Framework Directive 188
fraud 228
fruit 102
funding 15, 36, 37, 39–42, 48–49, 80, 85, 201
grants 39, 48
loans 39, 48
National Lottery 48–49, 57
sponsorship 39
television 39

- gamesmanship 132, 135, 137, 138
 gender 46, 61, 64–66
 General Household Survey 34, 62, 63
 goal-setting 89, 90, 114–115
 goal planning 166–167
 grants 39, 48
- HASWA. *See* Health and Safety at Work Act
 hazard 215–222, 231
 Health and fitness 54, 57
 health and safety 179–236
 Health and Safety at Work (First Aid) Regulations 1981 193
 Health and Safety at Work Act 186–187, 202, 205, 206, 210
 Health and Safety Executive 181, 182, 183–184, 186, 187, 188, 190, 192, 193, 194, 203, 214, 218, 230, 231
 Health and Safety Law poster 210
 heart conditions 58
 heart disease 103
 heart rate 105
 Her Majesty's Stationery Office 188
 Hillsborough disaster 181, 189, 190, 230
 HMSO. *See* Her Majesty's Stationery Office
 HSE. *See* Health and Safety Executive
- imagery 103–104
 Incident Contact Centre (ICC) 190
 industry size 33–34
 Industrial Revolution 20
 inspection 208–209, 222, 230
 Institute of Sports Sponsorship 41
 Institution of Occupational Safety and Health 209
 interest groups 54
 International Olympic Committee 13, 80, 85
 interviews 173
 closed questions 66
 open questions 14
 intrinsic motivation 94
 in loco parentis 141, 217
 IOC 85
 IOSH. *See* Institution of Occupational Safety and Health
- Job Description 16
 Kolb's Learning Cycle 91, 122
 learning style 109–110
 auditory 109, 110
 kinaesthetic 109, 110
 visual 109, 110
 Learning through Sport 24
 lifestyle 56, 59, 101–103
 loans 39, 48
 London Declaration on Expectations for Fairness in Sport (2001) 132
 Lyme Bay tragedy 181, 188
- Management of Health and Safety at Work Regulations 1999 210
 Management Regulations 205, 217
 Manual Handling Regulations 205
 meat 102
 media
 BSkyB 42
 cover 44
 image 46
 impact on sport 44
 Internet 47
 new media 47
 rights deals 42–43
 role of 42
 Television 42, 43
 Mesomorph 99, 100
 milestones 118, 122
 milk 102
 mob-games 17–18
 mob football 17
 monitoring progress 122–125
 morals 133, 140
 multi-stage fitness test 105, 107
 muscular Christianity 17
- National Lottery. *See* funding
 negative perceptions 144
 negative values 140
 New Opportunities Fund's 48
 NOP. *See* Normal Operating Procedure
 Normal Operating Procedure 206–207
 NSPCC 200–201
- obesity 58
 observation 173
 Occupier's Liability Act 205
 oils 102
- Olympic Games 41, 55, 57, 131, 147, 225, 230
 Orders 185
 outcome goals 115–116
- pagan festivals 17
 participation 54–55, 74
 PE, School Sport & Club Links (PESSCL) 24
 performance-enhancing drugs 132
 personal, social and health education (PSHE) 58
 personal protective equipment 220
 PESSCL. *See* PE, School Sport & Club Links (PESSCL)
 PE School Sport and Club Links Programme 48
 physical education (PE) 20, 22, 57
 physical training (PT) 20
 Planning an activity 165–168
 positive influences 139
 positive perceptions 144
 positive values 140
 poverty 59
 PPE. *See* personal protective equipment
 prejudice 147–151
 process goals 115–116
 Provision and Use of Work Equipment Regulations 205
 PSHE. *See* personal, social and health education (PSHE)
- public schools 17
 Eton 17
 Harrow 17
 Merchant Taylors 17
 Rugby 17
 St Pauls 17
 Winchester 17
- questionnaires
 evaluation 173
 qualitative 11, 66, 235
 quantitative 11, 66, 235
- racism 69–70, 82, 153
 Raising the Game 22
 recovery 105
 recreational drugs 101
 reflection in action 122
 reflection on action 122
 reflective planning 92
 Reflective Practitioner 89–126
 Regulations 185

- Regulatory Reform (Fire Safety) Order 2004 196
- relationships 141
- religion 132, 152
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 190–191, 205, 214
- revenue generation 38
- reviewing progress 122–125
- RFU, the 26
- RIDDOR. *See* Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995
- risk 217–224
- risk assessment 167, 198, 211, 217–224, 230–231
- role models 92, 94–95
- Royal Institute of Public Health 182
- Rugby Football Union 26
- Rules 185
- rules 8, 12–14, 17–18, 30, 44, 131, 132, 133, 136, 143, 145, 163
- sabotage 230
- Safety at Sports Grounds Act 1975 189
- Safety in Swimming Pools 185–186
- sectors 35–36
private 35–36
public 35–36
voluntary 35–36
- security 225–230
- security risk assessment 231
- Sergeant Jump test 108
- sexism 65–66
- sex discrimination 152
- Sheldon 99–100
- sit and reach test 106
- Six Pack 188, 206
- Skills Active 20, 33, 38
- Skills Council 33
- SMART goal setting 116–122, 125
- smoking 101, 196
- social class 62–63, 132
- social exclusion 59
- social influences 11, 12, 54, 59–61, 75, 79
- social status 144
- social trends 34, 62–63
- society 11–86
- socio-economic groups 54, 62–63
- sponsorship 39–42, 48
- sportsmanship 135, 155
- Sports Council 48, 80, 81
- Sports development model 55
- sports industry 30
- sports therapy 59
- Sport England 20, 26, 27, 38, 52, 55, 70, 80, 147, 200, 201, 203
- stakeholders 158
- standards 129, 132, 133, 136, 140, 154–163
- state schools 20
- statute law 184
- stereotypes 65
- sweets 102
- SWOT analysis 112
- Taylor Report 189, 190
- terrorism 225, 230
- theft 228, 231
- UEFA 69, 70, 85, 225
- UK Sport 57, 80
- unemployment 63–64, 76
- Union of European Football Associations 85
- values 129–176
- Value of Sport and the Economy 38
- vandalism 229
- vegetables 102
- violence 132, 133, 140, 227, 231
- visualisation 103–104
- Warsaw Pact 131
- Women's Sports Foundation 65
- Workplace Regulations 205